

Olga Spridzāne

Latvian Academy of Culture

LATVIA



Olga is a dance lecturer and choreographer at the Latvian Academy of Culture, where she teaches jazz dance techniques. Her teaching and artistic interests focus on exploring the expressive potential of jazz dance, connecting movement with emotional storytelling, and developing pedagogical approaches that combine technique and creativity.

She has over 15 years of experience teaching dance and leading workshops across Latvia and Europe.

Outside of her academic work, Olga enjoys photography, especially taking pictures of dancers in motion and creating expressive portraits.

My Topics for the 26th International Teaching Week:

- 1) Broadway Jazz Dance.
- 2) Lyrical Jazz and Improvisation.
- 3) Fusion Jazz Dance.