

26th ITW SCHEDULE								
MONDAY		09:40 - 11:10 Kati Kiehinén T1 NA 4.24 Sládečková		12:10 - 13:40 Markus Arvaja T1 NA 4.24 Sládečková	13:50 - 15:20 Alexandar Pajkić T1 NA 4.24 Sládečková			
					14:00 - 15:30 Reeda Tuula-Fjodorov T2 NC 5.18 Šebek	15:00 - 16:30 Steve Holly T1 NC 5.17 Petr		
TUESDAY	8:30 - 10:00 Alexandar Pajkić T2 Baluo Hala 1 Voráčková	10:10 - 11:40 Kati Kiehinén T2 NA 4.24 Voráčková	11:50 - 13:20 Kirsti Pedak T2 NA 4.24 Sládečková	13:30 - 15:00 Markus Arvaja T2 NA 4.24 Sládečková		16:00 - 17:30 Kristina Tumakova T1 NA 3.32 Janečková		
		10:35 - 11:35 Genti Pano T1 NB 2.30 Jakubec	11:45 - 12:45 Genti Pano T3 NB 2.30 Jakubec					
WEDNESDAY	8:00 - 9:30 Steve Holly T2 NC 5.17 Ješina	10:50 - 11:35 Olga Spridzane T2 NA 3.39 Pelclová	11:40 - 12:25 Olga Spridzane T3 NA 3.39 Pelclová	12:30 - 13:15 Kristina Tumakova T2 Multifunkční studio				
		10:15 - 11:45 Kirsti Pedak T1 NA 2.11 Voráčková	11:15 - 12:45 Adam Grinberg T2 NA 4.24 Sládečková	12:00 - 13:30 Philip Halpert T1 Baluo Kudláček				
		9:30 - 11:00 Semir Mašić T1 NA 2.34 Štěpánová	11:00 - 12:20 Reeda Tuula-Fjodorov T3 NA 2.15 Hoffmannová	12:30 - 14:00 Reeda Tuula-Fjodorov T1 NA 2.15 Hoffmannová	14:00 - 15:30 Semir Mašić T2 NA 2.34 Štěpánová			
THURSDAY	09:00 - 10:30 Steve Holly T3 NA 2.22 Botková	10:10 - 11:40 Genti Pano T2 NA 4.24 Voráčková						
	08:30 - 10:00 Philip Halpert T2 Baluo Kudláček	09:45 - 10:30 Kristina Tumakova T3 Multifunkční studio	10:35 - 11:20 Olga Spridzane T1 Multifunkční studio Pelclová	11:25 - 12:10 Kristina Tumakova T4 Multifunkční studio	14:15 - 15:45 Adam Grinberg T1 NA 2.11 Hanzlíková			

Teacher	Topic	Day	Time	Room
Adam Grinberg	T1) Mastering Movement: Motor Variability and the Challenge of Injury	Thursday	14:15 - 15:45	NA 2.11
	T2) Psychological Consequences of Sport Injury: Beyond Self-Reports. Navigating key studies on fear-related biomechanics and brain activity	Wednesday	11:15 - 12:45	NA 4.24
Alexandar Pajkić	T1) Measuring Physical Literacy in Schools: Development of a Contextualised Assessment Tool	Monday	13:50 - 15:20	NA 4.24
	T2) Integrating School Subjects into Physical Education <i>*practical</i>	Tuesday	8:30 - 10:00	TH 1 AJ
Markus Arvaja	T1) Creating a Motivational Climate in Sports	Monday	12:10 - 13:40	NA 4.24
	T2) Psychological Flexibility and Sport Performance	Tuesday	13:30 - 15:00	NA 4.24
Olga Spridzane	T1) Broadway Jazz dance <i>*practical</i>	Thursday	10:35 - 11:20	Baluo, multifunkční st.
	T2) Lyrical Jazz Dance and Improvisation <i>*practical</i>	Wednesday	10:50 - 11:35	NA 3.39
	T3) Fusion Jazz dance <i>*practical</i>	Wednesday	11:40 - 12:25	NA 3.39
Reeda Tuula-Fjodorov	T1) Teambuilding games in recreational corporate events: tangramm can easily become teambuilding tool <i>*practical</i>	Wednesday	12:30 - 14:00	NA 2.15
	T2) Adventure sports as authentic team-building format: teachable moments used in teaching and corporate team-building events	Monday	14:00 - 15:30	NC 5.18
	T3) Environmental issues (specifically focused on environmental (in)justice) in outdoor recreation and sport: practical issues and research in Estonia	Wednesday	11:00 - 12:20	NA 2.15
Semir Mašić	T1) The Impact of Static Stretching on Physical Health and Functional Mobility	Wednesday	9:30 - 11:00	NA 2.34
	T2) The Importance of designing a well-planned strength and conditioning training program in rhythmic gymnastics	Wednesday	14:00 - 15:30	Na 2.34
Steve Holly	T1) Adapting the Outdoors - Starting a multi-sport, multi-disability Adaptive Sports and Recreation Charity	Monday	15:00 - 16:30	NC 5.17
	T2) Getting people hooked! Adaptive Shore Fishing and Kayak Fishing	Wednesday	08:00 - 09:30	NC 5.17
	T3) Strategies to include individuals with Disabilities in sport and recreation	Thursday	09:00 - 10:30	NA 2.22
Kristina Tumakova	T1) Hip Hop groove and basic moves <i>*practical</i>	Tuesday	16:00 - 17:30	NA 3.32
	T2) Hip Hop music and rhythm — how to use your body through music <i>*practical</i>	Wednesday	12:30 - 13:15	Baluo, multifunkční st.
	T3) Hip Hop choreographies <i>*practical</i>	Thursday	09:45 - 10:30	Baluo, multifunkční st.
	T4) Hip Hop moves and exercises to keep the body fit <i>*practical</i>	Thursday	11:25 - 12:10	Baluo, multifunkční st.
Philip Halpert	T1) Blood Flow Restriction in Strength & Conditioning and Rehabilitation of Elite Para-Athletes: From Science to Practice	Wednesday	12:00 - 13:30	Baluo, pohybové studio
	T2) Joint-by-Joint Approach in Dynamic Warm-Up for Sports: Mobility vs. Stability	Thursday	8:30 - 10:00	Baluo, pohybové studio
Kati Kiehinen	T1) Nature-based methods in human movement sciences <i>*theoretical</i>	Monday	9:40 - 11:10	NA 4.24
	T2) Nature-based methods in human movement sciences <i>*practical outside</i>	Tuesday	10:10 - 11:40	NA 4.24
Genti Pano	T1) Physical activity effects on cardiovascular parameters in children	Tuesday	10:35 - 11:35	NB 2.30
	T2) Effects of PA intervention on body composition on children	Thursday	10:10 - 11:40	NA 4.24
	T3) Structured exercise program benefits on posture and gait in children and adolescence	Tuesday	11:45 - 12:45	NB 2.30
Kirsti Pedak	T1) Athlete as a System (whole person perspective)	Wednesday	10:15 - 11:45	NA 2.11
	T2) Athlete as a Collaborator (partnership-based perspective)	Tuesday	11:50 - 13:20	NA 4.24

** practical session - in a gymnasium, please bring appropriate clothing*