

# INTERNATIONAL TEACHING WEEK

*Dancing*



**Ayelet Dunsky**

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Ayelet is an Associate Professor at the Levinsky-Wingate Academic College in Israel. She is the head of the School of Human Movement and Sport Sciences, and the head of the Physical Activity and Health for Older Adults Department in the Faculty of Human Movement and Sport Sciences on the Wingate campus. Her primary interests are the biomechanical aspects of daily activities among older adults and those related to competitive sports. Alongside her academic work, Ayelet teaches practical classes aimed at enhancing physical functioning among older adults. In her leisure time, she likes to exercise, read, and listen to Jazz and classical music.

## IDW Topics:

- 1 Biomechanical principles related to dance
- 2 Biomechanical aspects of dance among the older-adult population



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