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IRAN



Mehdi is an associated professor in Biomechanics and Sport injuries department of Kharazmi University. He has been teaching kinesiology and biomechanics for 15 years, and has set up the Human Movement Analysis Center in Kharazmi University. He has worked with Motion analysis, Forceplate, EMG and Isokinetic dynamometer devices. His research field is the analysis and interpretation of biomechanical data in order to prevent sports injuries and improve the performance of athletes. He likes exercise and biking, and in his free time, he enjoys spending time with his three children and his wife.

My Topics for the 24th International Teaching Week:

- 1) Use of Isokinetic Data in Performance Improvement and Injury Prevention
- 2) Getting to Know the Interpretation of Isokinetic Parameters in Athletes