

Aisel Oseku

Sports University of Tirana ALBANIA



Aisel Oseku received a Phd title at the Faculty of Kinesiology, University of Sports Vasil Levski in Sofia, Bulgaria and she has been a lecturer in Physiotherapy at the Sports University of Tirana, Faculty of Rehabilitation Science since 2011. She is currently the Deputy Dean at the Faculty of Rehabilitation Science.

Her professional clinical training, developed at the Dokita Center ZKM, (University Our Lady of Good Counsel) in Tirana for more than 10 years, has allowed her to obtain specific expertise in the field of rehabilitation of patients with neurological, chronic diseases, degenerative, orthopedic and polytraumatic patients.

She joined the Women's National Soccer Team in August 2015.

My Topics for the 24th International Teaching Week:

- 1) Ultrasound for Muscle Injury
- 2) What are the Most Common Sports Injuries
- 3) Management of a Muscle Tear: Case Study