



CLASSES IN WINTER SEMESTER 2020/2021

1) THEORETICAL CLASSES / SEMINARS

- Since 29th September (the beginning of winter semester), **all theoretical classes will be realized online.**
 - a) **Online lectures** will be held in times they are scheduled for in the portal (the teachers will be online at least 15 minutes before the lecture via MS Teams or ZOOM).
 - Participation in the online lecture is **voluntary for students** (it is not required in order to pass a course).
 - Recorded lectures (corresponding video, audio or text materials) will be available for the students (Moodle, MS Teams).
 - b) **Seminars** will be realized through assignments, which students are obliged to do.
- **Finishing the classes (exams)** – it is expected that the exams will be both face-to-face and online. In case the exams are face-to-face, it is necessary to follow the following criteria:
 1. **Individual exams** – without restrictions (will be scheduled to a precise time);
 2. **Group exams** – maximum of 40 students per exam, all must wear facemasks.
- **By 25th September 2020**, all students will receive an email from teachers of each course with details on the teaching methods of their course.
- In specific cases, the online classes may be supplemented by a short face-to-face teaching block during the last week of the semester (with restrictions applied to the practical classes written below).

2) PRACTICAL CLASSES

- Since 29th September, **all practical classes will be face-to-face** under the following conditions:
 - a) The maximum amount of students in class is **40 students**.
 - b) During indoor classes, **all students must wear facemasks**.
 - c) The students may enter the class only after signing a declaration of absence of infection.
- The classes of physiotherapy will be face-to-face under the condition of wearing facemasks and regularly disinfecting the folding bed, exercise mats and hands of all participants. Theoretical physiotherapy classes may take place under the condition of respecting the **2-meter distance among all the participants**.
- Training camps taking place abroad are cancelled.

3) RULES AT THE FACULTY OF PHYSICAL CULTURE

- **DO NOT ENTER classes and the faculty buildings if you display any symptoms of viral disease**, if you are in contact with an infected person, if you are under an ordered quarantine or if you have been tested positively on COVID-19. In such case, contact your teachers and explain your absence in the classes.
- **ALWAYS ENTER the faculty buildings with a facemask and disinfect your hands** (available at the receptions).
- **AVOID GOING TO THE INTERNATIONAL RELATIONS OFFICE** and to face-to-face meetings with teachers outside the classes. Use primarily email communication, in urgent cases visit the IRO upon a prior agreement via email.
- If needed, there are contactless thermometers available at the receptions of all buildings.

Please make sure to read carefully the websites containing important information related to COVID-19:

- <https://www.upol.cz/en/covid-19/if-you-feel-sick/>
- <https://www.upol.cz/en/students/exchange-students/coronavirus-information-for-students-and-partners/coronavirus-information-for-exchange-students-at-up-olomouc/>
- <https://www.upol.cz/en/covid-19/students/>