

Magdalena Kwiek

Pedagogical University of Krakow – Poland



I work at the Institute of Geography of the Pedagogical University of Krakow at the Department of Tourism and Regional Research.

I defended my doctorate at the Academy of Physical Education in Krakow, I worked for many years as a physical education teacher, swimming and football instructor. My scientific interests concern health promotion, sports and recreational activities of various social groups, the development of sports infrastructure and tourism for children and youth. Privately, I also like traveling, hiking in the mountains, I run yoga classes, exercises for a healthy spine and bodybuilding in a fitness club.

My Topics for the 20th International Teaching Week:

- 1) Natural conditions and infrastructure for qualified tourism in Poland
- 2) Extreme sports in Poland – development and new trends