

# Andy Hunt

University of Lincoln – UK



Andy is Programme Leader and Senior Lecturer in the MSc Sports Therapy course at the University of Lincoln.

He currently leads the following modules:

- Practical Skills in Sports Therapy
- Advanced Skills in Sports Therapy
- Exercise Rehabilitation
- Professional Practice

Andy is a Chartered Physiotherapist with an MSc in Sports Medicine from the University of Nottingham in 2001. Before joining Lincoln University Andy worked clinically for many years, spending 5 years at a rehabilitation institute in Chicago before returning to the UK to work in professional football. He has over 15 years of experience working in elite sport with a special

interest in the rehabilitation of long-term injuries.

Andy has a particular interest in improving movement. In his spare time, he is a keen runner and cyclist including gravel bike events and a regular at the gym.

## My Topics for the 20<sup>th</sup> International Teaching Week:

- 1) Early stage rehabilitation following ACL injury
- 2) Late stage rehabilitation and return to play following ACL injury