

19th International Teaching Week: Speakers and Their Topics



Michael Pratt, University of California San Diego, the USA

- 1) *The Evolution of Science and Policy on Physical Activity and Public Health*
- 2) *Is vigorous Physical Activity Important for (public) Health?*



Nikolas Dickerson, Lincoln University, the UK

- 1) *Black Masculinity, National Identity and American Sport*
- 2) *Recreational Drug Use in Sport*



Jeffrey Pagaduan, Palacký University, CZ / Philippines

- 1) *Resonance Frequency Breathing for Health and Performance*
- 2) *Low-Cost Tools for Fitness Monitoring*



Dorota Groffik, Academy of Physical Education, Poland

- 1) *The Importance of Physical Education Lessons in the Post-Pandemic Time*
- 2) *Mindfulness – A Way to Change Your Life (practical session)*



Cristina López Villar, University of A Coruña, Spain

- 1) *Mind-body Exercises and Wellbeing*
- 2) *Mindfulness and Physical Activity*





Nigel Green, IPLA, NWCPEA, the UK

- 1) *A Practical Introduction to Physical Literacy through Dance and Small Games*
- 2) *Assessing Progress in PE using Core Tasks (practical session)*
- 3) *Planning PE Provision with a Physical Literacy Focus*
- 4) *Teaching Strategies Armoury (practical session)*



Uroš Marušič, Alma Mater Europaea, Slovenia

- 1) *Neuroscience of Movement in Aging and Rehabilitation: New Ways to Improve Simple and Complex Movements*



Philip Halpert, The Academic College at Wingate, Israel

- 1) *Core Conditioning in the Field of Rehabilitation and Sport Performance*
- 2) *Evaluating General Motor Competency. Screening and Prehab for Common Dysfunctions*



Alan Ringland, Munster Technological University, Ireland

- 1) *Mental Health and Elite Athletes (practical workshop)*
- 2) *Practical Paralympic Boccia (practical workshop)*
- 3) *The Paralympics Experience: Reflections of a Sport Psychologist*
- 4) *Coaching, Teaching & Sport: A Pedagogical Blend*

