

# Sunwoo Lee

## Palacký University Olomouc – Czech Republic / South Korea



Sunwoo is a Senior Researcher at the Institute of Active Lifestyle, Faculty of Physical Culture, Palacký University Olomouc in the Czech Republic. She holds a Ph.D. in Leisure from the Texas A&M University, USA. Her area of expertise centers on social gerontology with a greater emphasis on social exclusion, loneliness, cultural diversity, social and civic participation, physical activity, and psychological well-being.

Her current research includes a project ‘attitudinal and behavioral pathway to successful aging.’ She also teaches methodology courses at the Faculty of Physical Culture. During her pastime, she walks/runs in nature and enjoys playing musical instruments.

### **My Topic for the 18th International Teaching Week:**

- 1) Promoting Active Aging: Variability in and Correlates of Physical Activity in Aging Populations