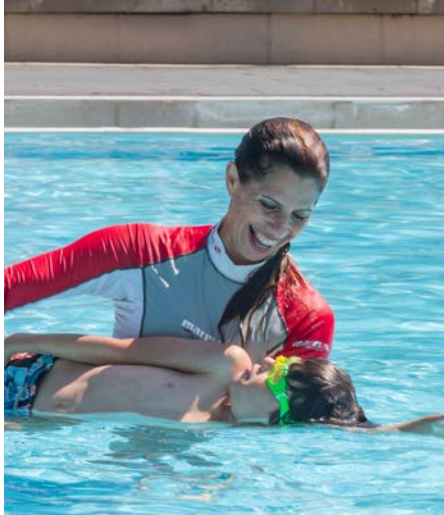


# Anat Farkash

## The Academic College at Wingate – Israel



Anat Farkash grew up in a swimming family, both her parents were swimming teachers. She has studied at The Academic College at Wingate and finished her M.A. in Sport Sciences, Denver University, Colorado, USA.

Anat has 27 years of experience at training Physical Education teachers at the Academic College at Wingate and swimming instructors at a variety of institutions. She teaches in many

swimming inservice programs and workshops for instructors and paramedical staff in Israel, Europe and the US.

For more than 30 years she has been teaching swimming to all age groups.

She initiated and was the lead writer of the Ministry of Education's new "Learning Swimming" curriculum. Moreover, she is a former Israeli champion in breaststroke – 1977-1981. She won the German Cup in swimming with the Heidelberg team, Germany, 1976.

### Topics for the 15th International Teaching Week:

- 1. From Optimal to Beneficial Technique in Swimming: A Pedagogical Approach to Teaching Various Learner Types in the Water**
- 2. Practical Lesson - Swimming (swimsuit, goggles required)**