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I am a motor learning professor and researcher in the graduate program in the School of Physical Education at the Federal University of Pelotas. I am also the founding member of the Motor Behaviour Laboratory.

The research in our Lab specifically addresses how different socio-cognitive-affective factors affect motor performance and learning in different populations. Examples of variables include: a) learners' autonomy support mainly in the form of choices over delivery of feedback, model observation, quantity of practice, use of physical aid, team strategies; 2) learner's competence support mainly in the form of positive feedback, performance criteria of success, conceptions of ability, stereotypes; 3) learner's relatedness support, mainly in the form of instructions.

Such knowledge about factors affecting the motor learning phenomena has the potential to contribute in several contexts of professional intervention in which there is a concern about improvement or recovery of the people's movement quality, as for example in physical education sessions, sports training, music, or physiotherapy settings.

Topics for the 13th International Teaching Week:

- 1. Autonomy Support and Motor Learning**
- 2. Competence Support and Motor Learning**
- 3. Relatedness Support and Motor Learning**