## PETAR MITIC, PhD, Assist. Prof.

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### **Faculty of Sport and Physical Education**

He graduated from the Faculty of Philosophy of the University of Nis, Serbia, Department of Psychology, and now holds a PhD in Sport Psychology from the same university. He is currently an Assistant Professor at the Faculty of Sport and Physical Education, University of Nis. His research focus includes sport and social psychology, doping and antidoping. He works as team psychologist for various sport clubs and individual athletes, as well as for Serbian Goalball National Team.



## ITW topics

#### 1. STRESS AND COPING STRATEGIES IN ATHLETES

This lecture refers to various stressors in the sports environment and differences in the prevalence of the specific strategies used for coping with stressful situations between more successful athletes, less successful athletes and non-athletes.

#### 2. PSYCHOLOGICAL FACTORS AND SPORT PERFORMANCE

Lecture concerns the relation of certain psychological characteristics (emotional intelligence, self-efficacy, dominant time perspective, achievement motivation and personality traits) and success in sports performance.