

Mahmood Sindiani



The Academic College Levinsky-

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Mahmood is a lecturer and coordinator of athletic courses at the Academic College Levinsky-Wingate (Wingate Campus) in Israel. He works in the faculty of Movement and Sport Sciences, where he specializes in teacher education, physical activity promotion, and sports pedagogy. His research interests span across mentor teacher roles in practical training, the integration of gaming in education, systemic wellbeing for educational staff, as well as learning and memory, cognitive processes, and various topics in movement and sport sciences. Mahmood is also passionate about promoting a shared life and bridging cultures through sports, using physical activity as a tool for fostering understanding and cooperation between diverse communities.

In his free time, Mahmood enjoys exploring innovative teaching methods, engaging in physical activity, and conducting research in cognitive processes. He places great importance on volunteering and contributing to organizations that need assistance, particularly in the fields of education and sports, and promoting shared life initiatives through sports. Mahmood is committed to making a meaningful impact on society by helping bridge cultures and contributing to social harmony.

My Topics for the 24th International Teaching Week:

- 1) Different Topics in Track and Field
- 2) Physical Fitness Training