

Sarit Shalev



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I graduated the B.Ed. program at Wingate Institute, specializing in Adapted Physical Activity (for special populations) and finished my M.A in Bar Ilan University (Israel). I was a Physical Education teacher at an elementary school for 22 years.

I have been teaching at the Academic College Levinsky-Wingate (Wingate Campus) for 12 years as a pedagogical instructor in the School of Education. I also teach a gymnastics fundamental course and a public health and physical activity course in the Master in Physical Education and Sport Sciences (MPE) program.

As a child I was a gymnast (artistic gymnastics) in Maccabi Kiryat Ono sports club and I'm a former Maccabi Israel champion – 1988-1989. I have 14 years of experience in gymnastics training and 20 years of experience in personal fitness coaching. My hobbies are lyrical- jazz dancing in a women's group and Pilates.

My Topics for the 20th International Teaching Week:

- 1) **Let's play – Teaching movement games:** demonstration, analysis and creation of new games
- 2) **Jumping a rope - By oneself and in a group:** a skipping rope as an aid for teaching P.E. in order to improve control of different sports skills, and in order to diversify teaching