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Reza did his PhD in Kinanthropology (motor control & learning) at the Faculty of Physical Culture, Palacký University Olomouc, Czech Republic.

Reza's research is on attentional and motivational factors that enhance motor performance and learning of motor skills in different populations. Particularly, Reza is interested in conducting experimental research on healthy individuals, individuals with visual/hearing impairments, and children with developmental coordination disorders.

Reza has been Iran's national coach and international judge in aerobic gymnastics.

My Topic for the 20th International Teaching Week:

- 1) Do motivational factors (autonomy support & enhanced expectancy) optimize motor learning?