

Michael Pratt

University of California San Diego – USA

Palacký University – Czech Republic



Michael Pratt, MD, MPH, MSPE is a Professor and the Director of the Institute for Public Health and the MPH program at the University of California San Diego. He is spending this year at Palacký University as a Fulbright Distinguished Scholar. He is a specialist in public health and preventive medicine and a Fellow in the American College of Sports Medicine. He has been engaged in research on physical activity and public health for 30 years. He also worked for many years on global health at the U.S. Centers for Disease Control and Prevention. Formerly a runner, he now walks, swims, cycles, occasionally gets to the gym, and tries to keep up with his five-year old triplets.

My Topic for the 20th International Teaching Week:

- 1) "Can we reverse the global pandemic of inactivity?"