

# **Pezhman Motamedi**

## **Kharazmi University, IRAN**

Dr. Motamedi is an assistant professor at the Kharazmi University and holds a PhD grade in exercise physiology. He has published extensively in the field of training theory, sport nutrition and exercise physiology about 30 research article and more than 32 books. He was a national champion in javelin throw in athletics and the head coach of a national athletic team in world championship 2011 in South Korea, FISU championship 2011 in China and 2015 in South Korea.



He was a general secretary of the Athletic Federation of I.R. IRAN, head of education and research committee and head of sport talent identification committee of the Athletic federation of IRAN.

Now he is on international level 1 and 2 lecturer of International Association of Athletics Federations (IAAF) and level 1 fitness instructor of Asian Football Confederation (AFC).

Courses he is certified to teach:

Track and field, conditioning and fitness in futsal and football, training theory, sport talent identification, sport nutrition and exercise physiology.

### **Topics for the 12<sup>th</sup> International Teaching Week**

- 1) Conditioning and improving fitness in futsal**
- 2) Sports Nutrition: Experience of a Former Athlete and Current Coach**