

Gaosheng FAN Beijing Sport University, China



Gaosheng Fan currently pursues his Master's studies at the Beijing Sport University in the capital city of China. He specializes in Chinese traditional breathing exercises Qigong, Chinese traditional medicine and in health and medical aspects of Taichi. He has been teaching classes of Taichi and breathing exercises at the Palacký University since September 2017.

Gaosheng Fan's topic for the 11th International Teaching Week

- Introduction to Chinese traditional health exercises/one of the standard forms of Chinese Qigong, Eight Pieces of Brocade (a practical lesson)

