

Kwok Ng

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Doctoral student at the Faculty of Sport and Health Sciences, University of Jyväskylä.

Team member of HBSC Finland MC member of European network of young specialists in sport psychology (2011-2015), member of Finnish sport psychology association.

Teaching

- Teaching Physical Education for international students.
- Adapted Physical Activity for undergraduate students.
- The international classification of functioning, disability, and health (ICF) in the European Diploma in Adapted Physical Activity.

Workshops

- Sport and emotions (workshop for athletes, coaches, and interested members in sport psychology).
- Applied sport psychology for athletes with disability (workshop for disability sports).
- Using self-talk for improving presentation skills for academic presentations.

My ITW topic:

Using International Classification of Functioning (ICF) as a part of physical activity assessment

